CALCADAR: September—October 8th 2023

Sept. 17th	St. George's Seafood Festival, 12:00-7:00 p.m. World Patient Safety Day
Sept. 18th	VESTRY MEETING, Nisbett Hall, 5:45-7:30 p.m. All are welcome!
Sept. 18th	Independence Day for Chile
Sept. 18th-22nd	Town Crier Walking Tour, begins at City Hall, 10:30 a.m. International Equal Pay Day
Sept. 19th	FREE Historical Walking Tour, Dockyard at 9:45-10:45 a.m. International Day of Peace
Sept 23rd	FILM: "Jesus Revolution" at BUEI, 7:30 p.m. International Day of Sign Languages
Sept 30th	Service Team Training, 9:30-10:45 a.m. (Main Church)
Sacred Observances & Worship Services	
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Sept 17th	FIFTEENTH SUNDAY AFTER TRINITY (Main Church) 8:00 a.m. Homily & Holy Eucharist 11:00 a.m. Liturgy of the Word & Homily
Sept 17th Sept 24th	FIFTEENTH SUNDAY AFTER TRINITY (Main Church) 8:00 a.m. Homily & Holy Eucharist
·	FIFTEENTH SUNDAY AFTER TRINITY (Main Church) 8:00 a.m. Homily & Holy Eucharist 11:00 a.m. Liturgy of the Word & Homily FEAST OF MICHAEL & ALL ANGELS - YOUTH SUNDAY (Main) 8:00 a.m. Homily & Holy Eucharist
Sept 24th	FIFTEENTH SUNDAY AFTER TRINITY (Main Church) 8:00 a.m. Homily & Holy Eucharist 11:00 a.m. Liturgy of the Word & Homily FEAST OF MICHAEL & ALL ANGELS - YOUTH SUNDAY (Main) 8:00 a.m. Homily & Holy Eucharist 11:00 a.m. Liturgy of the Word, Homily & Holy Eucharist SEVENTEENTH SUNDAY AFTER TRINITY 8:00 a.m. Morning Prayer, Homily & Holy Eucharist (Old Church)



Streaming

Christ Church Devonshire BDA



You just can't make this stuff up!

I praise you, for I am fearfully and wonderfully made. Wonderful are your works; that I know very well. -Psalm 139:14

"WE GIVE THANKS TO GOD FOR ALLOWING US TO WORSHIP IN SPIRIT AND TRUTH"

SERVICE TEAM

Rev. Fr. Jamaine 'Jay' Tucker, JP, M.Div.

Priest-in-Charge

Ms. J. Rosemary Matthews /Ms. Sharon L. Johnson

Churchwardens

Mr. Larry Perinchief

Organist

Ms. Delma J. Parfitt **Church Administrator**

Ms. Rashida Abbott

Superintendent, Sunday School

Christopher Smith

Colin Thompson

John Barritt, JP

Lee Richardson

Leon Burt, JP (Lay Reader)

Nathalie Barnett-Dill (Lay Reader)

Neil Anglin

Patricia Hall

Jan Swan

Yvonne Simmons

Alicia Tucker

Gary Wolffe (Verger)

Sound/Media Technicians

Deguan Trott, Konnie Garcia Tucker Dion Trott, Larry Ebbin, Sharon Johnson, Glenn Fox, Alan Lugo, JP, Tiffany Fox

WEARING A FACE MASK IS OPTIONAL!

Thought for the Week

"The plan is to fan this spark into a flame."

— Lin-Manuel Miranda

Christ Anglican Church DEVONSHIRE

106 Middle Rd - Devonshire DV 06 The Little Church with a Big Heart

⁷ifteeuth **Sunday After Trinity**

September 17, 2023

Main Church

8:00 a.m. **HOLY EUCHARIST & HOMILY**

10:45 - 11:45 a.m. SUNDAY SCHOOL CLASSES

11:00 a.m. **LITURGY OF THE WORD & HOMILY**



Mailing: P.O. Box DV45 Devonshire DV BX

Office: Tel: 236-3671

Email: devonshire@anglican.bm

Facebook Page: Christ Anglican Church,

Devonshire

YouTube Christ Anglican Church,

Devonshire BDA

Office Hours: Mon - Thurs 10am -2pm

LITURGY OF THE WORD & HOMILY

September 17th, 2023

THE ORDER OF SERVICE

"We Came To Worship and Give Thanks"

Organ Prelude

Processional Hymn: "Praise My Soul the King of Heaven"

Praise, my soul, the King of heaven; to his feet thy tribute bring; ransomed, healed, restored, forgiven, evermore his praises sing:
Alleluia, alleluia!
Praise the everlasting King.

Praise him for his grace and favor to our fathers in distress; praise him still the same for ever, slow to chide and swift to bless: Alleluia, alleluia! Glorious in his faithfulness.

Families of the late Ms. Terri Martin (celebrating her birthday today) & the late Mr. A. Anthony Mouchette who are worshipping with us today.

May your loved ones rest in peace!

Father-like, he tends and spares us; well our feeble frame he knows; in his hand he gently bears us, rescues us from all our foes.
Alleluia, alleluia!
Widely yet his mercy flows.

Angels, help us to adore him; ye behold him face to face; sun and moon, bow down before him, dwellers all in time and space.
Alleluia, alleluia!
Praise with us the God of grace.

THE GREETING

Blessed be God: the Father, the Son, and the Holy Spirit. **ALL:** And blessed be God's kingdom, now and forever. Amen.

INVITATION TO PENITENCE (Please be seated or kneel)

"God the Father forgives us in Christ and heals us by the Holy Spirit. Let us therefore put away all anger and bitterness, all slander and malice, and confess our sins to God our redeemer."

PRAYER OF PENITENCE

All: "Lord God, we have sinned against you; we have done evil in your sight. We are sorry and repent. Have mercy on us according to your love. Wash away our wrongdoing and cleanse us from our sin. Renew a right spirit within us and restore us to the joy of your salvation, through Jesus Christ our Lord." Amen.

ABSOLUTION (Priest)

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life



WELCOME first-time visitors to Christ Church, Devonshire...we're glad you came! The first time as a visitor, we hope the next time as family.

THANK YOU FOR YOUR ATTENDANCE & PRAYERS! The Celebration of Life for the

late Sis. Margaret Ann Lines was a beautiful and real comforting gathering for her family, friends and church family. As it is with any larger assembly in the main building, we were served by several Vestry, Service Team and Church Members to facilitate parking,

"Those who do not risk, do not benefit."

–Portuguese Proverb

greeting and seating. In addition to expressions of gratitude already shared by the family of Mrs. Lines, I also want to thank all who assisted in creating a safe and affirming space to embrace and encourage those mourning. For some serving, it was a sacrifice that deserves the complement of this acknowledgement. May God bless and keep you!

WE PRAY FOR YOU, GOD'S GRACE! Churchwarden Sharon Lee Johnson has started classes with the Anglican Theological Institute of Bermuda (ATIB). Please join me in praying for her and five other students who enrolled for the 2-year certificate programme in relation to St. Mellitus College, UK. Through yearly registration each fall season, classes are open to whosoever desires a more robust course of study in theology which involves a level of academic rigor not totally dissimilar to a residential school of theology. If interested, please contact the Church Office to schedule an appointment with Rev'd Jay or Lay Reader Nathalie Barnett-Dill (Graduate, Class 2022).

CONGRATULATIONS, SIS. SHERNETTE WOLFFE! Once again, retired Clerk to the Legislature Sis. Shernette has been honoured by the Commonwealth Parliamentary Association after 20 years of "authoritative advice" and distinguished service during which Bermuda's Parliament underwent a host of revisions. The awards ceremony was held in Turks & Caicos where she was recognised along with four other retired clerks from across the Caribbean.

THANK YOU, Sis. Ann & Bro. Ed Johnson for thinking enough us to share in your Renewal of Vows and Blessing of Rings to celebrate of your 66th Marriage Anniversary (September 12th) last Sunday at the 11:00 a.m. Service. The refreshments of cake and fruit punch in the T.N.Nisbett Hall was a special bonus. May the Lord continue to bless your love and lives together.

LIFE CONVERSATIONS are held weekly on Tuesdays till October 24th at 6:30 nightly. Our theme is "You Can't Beat God-giving!" (Matthew 5:43-45). In this 7-Week journey, we will discuss Christian values and principles surrounding universal need, fairness, empathy, trust and more. In a new report published January 24th, 2023, the Archbishops' Commission on Reimagining Care revealed a vision of care for one-another inspired by God-giving. Come and join this conversation as we explore who God made us to be for one another.

DID YOU KNOW? Evelyn Fay "Byllee" Lang was an established sculptor who inspired a generation of artists - black and white, wealthy and working class - and an integral part of the local arts scene. On December 4, 1908 she was born near Didsbury, Alberta, Canada, the daughter of a rancher and raised on a ranch. At a young age, Byllee could handle a rifle and ride a horse with ease. She discovered her passion for sculpture at the Winnipeg School of Art, where she was a student from 1926 to 1930. But the sculpture curriculum was limited so she moved east to Toronto, where she studied under Canadian-born sculptor Emanuel Hahn (1881-1957) at the Ontario College of Art. Money she earned making sculptures of pet dogs of Toronto society women got her to Europe. It would be her base for several years. She studied in Munich for two years and visited the great cities of Europe. She was living in Berlin after Hitler came to power and witnessed acts of anti-Semitism, which deeply disturbed her. In 1935, as the Spanish Civil War threatened, Lang returned to Canada. In Canada, she established the deMarin School of Sculpture in Winnipeg in 1936, teaching adults and children. In 1940, she joined the faculty of the Winnipeg School of Art, where she taught sculpture for three years. Her commissions included sculptures of prominent Canadians. She later worked for the National Film Board in Ottawa. Her celebrated sculpture, a bas-relief entitled Coal Miners, led to a job with Canadian National Railways in Montreal. Her work was twice selected to represent the Commonwealth abroad. She came to Bermuda from New York, where she lived for a period. In Bermuda, she befriended the Cooper brothers, arts patrons Sir Gilbert and Arthur. They rented her studio space on the second floor of their department store A.S. Cooper's and later hired her to be a window dresser. She created prize-winning window displays for the two Cooper stores in Hamilton and spectacular floats for the annual Floral Pageant. In 1954, A.S. Cooper's float 'Surf Riding', which was decorated with 16,000 Easter lilies, won the top prize. In 1948, she began teaching sculpture and clay modeling to children at the Bermuda Art Association's new art school. When she left A.S. Cooper's, she opened three studios in various locations and taught at all three locations. Her studio settings were always integrated, even though schools elsewhere in Bermuda were segregated. Her life was a whirlwind of artistic activity. She was a member of the Bermuda Society of Arts. She worked on Bermuda Musical and Dramatic Society theatre productions. Dance costumes she designed and created for the 1959 production of My Heart Stays Here were among her more spectacular creations. Her best-known sculptures from her Bermuda years include busts of Davy Douglas, a well-known carriage driver, which was exhibited in Toronto in 1952, Esso Steel Band leader Rudy Commissiong, and a dolphin for the pool at Horizons. In 1958, she received her biggest commission—the Anglican Cathedral reredos, comprising an altar screen and statues of Christ and 14 saints. The first completed figure—the 1.000-pound statue of Christ—was installed and dedicated amid great fanfare in July 1962. Sadly, Evelyn Fay "Byllee" Lang died suddenly on December 3rd, 1966. (Source: bermudabiographies.bm)

THE GLORIA (SUNG to tune of "Ode to Joy")

Glory be to God in heaven, Peace to those who love him well; On the earth let all his people speak His grace, His wonders tell: Lord, we praise you for your glory, mighty Father, Heaven's King; Hear our joyful adoration and accept the thanks we bring.

Only son of God the Father, Lamb who takes our sins away, Now with Him in triumph seated, For your mercy, Lord, we pray: Jesus Christ, most high and Holy, Saviour, you are God alone In the glory of the Father with the Spirit: Three-in-one!

COLLECT FOR FIFTEENTH SUNDAY AFTER TRINITY

All: God, who in generous mercy sent the Holy Spirit, upon your Church in the burning fire of your love: grant that your people may be fervent in the fellowship of the gospel that, always abiding in you, they may be found steadfast in faith and active in service; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

THE WORD OF GOD

1st Reading: Genesis 20:15-21

11:00 a.m. - Norma 'Nan' Trott

Realizing that their father was dead, Joseph's brothers said, 'What if Joseph still bears a grudge against us and pays us back in full for all the wrong that we did to him?' So they approached Joseph, saying, 'Your father gave this instruction before he died, "Say to Joseph: I beg you, forgive the crime of your brothers and the wrong they did in harming you." Now therefore please forgive the crime of the servants of the God of your father.' Joseph wept when they spoke to him. Then his brothers also wept, fell down before him, and said, 'We are here as your slaves.' But Joseph said to them, 'Do not be afraid! Am I in the place of God? Even though you intended to do harm to me, God intended it for good, in order to preserve a numerous people, as he is doing today. So have no fear; I myself will provide for you and your little ones.' In this way he reassured them, speaking kindly to them.

This is the Word of the Lord

Thanks be to God

2nd Reading: Psalm 103:8-13 (a responsive reading)

11:00 a.m. - Faith Gilkes

- ⁸ The LORD is merciful and gracious, slow to anger and abounding in steadfast love.
- ⁹ He will not always accuse, nor will he keep his anger for ever.
- ¹⁰ He does not deal with us according to our sins, nor repay us according to our iniquities.
- ¹¹ For as the heavens are high above the earth, so great is his steadfast love towards those who fear him;

¹² as far as the east is from the west, so far he removes our transgressions from us.

As a father has compassion for his children, so the LORD has compassion for those who fear him.

PLEASE STAND

All: Glory be to the Father, and to the Son, and to the Holy Ghost, as it (Sing) was in the beginning, is now, and ever shall be, world without end. Amen.

be seated)

3rd Reading: The Epistle: Romans 14.1-12

8:00 a.m. - Lay Reader G. Leon Burt 11:00 a.m. - Aprille Choudhury-DeShield

Welcome those who are weak in faith, but not for the purpose of quarrelling over opinions. Some believe in eating anything, while the weak eat only vegetables. Those who eat must not despise those who abstain, and those who abstain must not pass judgement on those who eat; for God has welcomed them. Who are you to pass judgement on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand. Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. Those who observe the day, observe it in honour of the Lord. Also those who eat, eat in honour of the Lord, since they give thanks to God; while those who abstain, abstain in honour of the Lord and give thanks to God. We do not live to ourselves, and we do not die to ourselves. 8If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. For to this end Christ died and lived again, so that he might be Lord of both the dead and the living. Why do you pass judgement on your brother or sister? Or you, why do you despise your brother or sister? For we will all stand before the judgement seat of God. For it is written, 'As I live, says the Lord, every knee shall bow to me, and every tongue shall give praise to God.' So then, each of us will be accountable to God.

This is the Word of the Lord

Thanks be to God

Gradual Song: "Holy is The Lord"

We stand and lift up our hands For the joy of the Lord is our strength We bow down and worship Him now How great, how awesome is He And together we sing, everyone sing

Refrain:

Holy is the Lord God Almighty
The earth is filled with His glory
Holy is the Lord God Almighty
The earth is filled with His glory
The earth is filled with His glory



NEXT WEEK'S READINGS

September 24th
Youth Sunday
TRINITY SIXTEEN

Jonah 3.10 - 4.11 Psalm 145.1-8 Philippians 1.21-30 Matthew 20.1-16

To remember this week......

BIRTHDAYS

17 - Alvin B.E. Daniels, Stephen L. Hoyle 18 - Linda Stemphlet, James W. Francis Sr., 18 - Isaiah Caisey, Wilma Frith 20 - Charles Richardson 21 - Kyah Fox, Maureen Hart 22 - Julita Peniston, Ke'Mani Simmons 23 - Cheryl Ming



WEDDING ANNIVERSARIES

15 - Dennis & Jo-Ann Fox 19 - Shannon & Julita Peniston

LET'S PLAY TRIVIA:

Re. Bermudian music artists with international acclaim

- (a) Who was the self-taught jazz musician that moved to explore a career in New York City?
- (b) What is the stage name of Gospel duo Adrian Jones and Tricray Astwood, and the name of their hit radio single that went #1?
- (c) This music artist has hit songs "Not Yours", "Lose a Tear" and "Can He Dance?"

ANSWERS (a) _____ (b) ____ (c) ____



Wobble And much more!

ADULTS \$20 SENIORS & CHILDREN AGES (5-11) \$10

Snacks on Sale ~ Ticket Price Includes a Hot Dog and Drink

Come Join Us as We Celebrate His Legacy

Saturday 21 October 2023

6pm - 9pm T.N. Nisbett Hall

Proceeds Will Go Towards the T.N. Nisbett Hall Kitchen Renovation For TICKETS, email devonshire.events@anglican.bm
OR call 236-3671



Noreen Landy - Kathleen Richards - Alice Tucker Gloria Easton - Adrian King - Anita Eastmond Frances Goodchild - Helen Dillas - Theresa Martin Laveme Tucker - Roderic Pearman - Anthony Tacklyn

Prudence Spriggs - Charlotte Pitt - Lucy Davis - Taejahn Durham - Lynette Smith Leslie Phillip - Judy Smith-Lee - Winston Busby - Dianne Garib - Nateisha Smith Sandra Armstrong - Stefan Ferguson - Ron Augustus - Ann Lugo-Wade - Bernette Payne Franz Egenolf - Wendy Trott - Kee-Ijah Bailey - Valencia Manning - Marlene James Kuiana Daniels - Ann Saltus - Vincent Minors - Wendy Lovell - Erskine Brangman Karda Leshore Brown - Robin Steede - Davel Smith - John Simons - Pam Outerbridge Ralph DeShields - Andrea Somner - Diane Burrows - Stan Douglas - Ada Franks Daron Surjdeen - David Lovell, Sr.- Master Nahki DeShields - Cora Tucker Lucille Woolridge - Gail "Girly" Allen - Lawrence Godwin - Lynn Stephenson Alan Cooper - Shirlene Simmons - Shilika Armstrong

OVERSEAS: Danielle Gall - Ashlee Turek - Tae Durham

Emilia Berry (daughter of Katie Berry)
Brian Russell (son of Peter Russell)
Anne Forsyth (mother-in-law of John Barritt)

AT HOME: Donna (Burgess) Castle, Judith Beach, Millicent Brown, Veronica Wade

Daisey Simons, Leonard Wade, David Semos, Helena Rawlins, Ann Webb

Gladys Perinchief (mother of Sis. Delma Parfitt)
Woodren 'Woody' Burrows, (brother of Sis Yvonne Simmons)
Errol Rhoda (brother of Sis Veronica Edwards),

KEMH (Extended Care): Beldwin Smith, Ivy Woods

LEFROY HOUSE: Doyleen (Lambert) Trott **WESTMEATH:** Rev'd Canon Thomas N. Nisbett

SERENITY PALM NURSING HOME: Wendy Fox (sister of Bro. Larry Perinchief)

With deepest sympathy, we pray for and express our condolences to the family & friends of:

The late MR. EUGENE "VIC" THELBERT BALL, beloved husband to Elizabeth Ball; son of the late Calvin and Dorothy Ball and loving father to Vic Ball (Katrina) and Georgina Ball-Roach (Conrad); grandfather to Brianna, Nikholas and Adrian Roach, Elijah and Enoch Ball.

The late MS. SHANELL ANN MARIE BALL, beloved daughter of Betty-Ann Elizabeth Morgan and the late Calvin Sinclair Ball, and loving mother to Keanu Ball Severin and Cataleya Ball McCallan

The late MS. AMELIA ANN "MILLIE" PINDER, beloved daughter of Amelia Ann Lilian "Pinky" Gumbs; mother to Gina Martins and Nicole Pinder; mother-in-law to Paul Martins, and loving grandmother to Amanda, Preston, and Candyce Martins

The late MRS. MARY DESILVA, beloved mother to David DeSilva (Kim), and Joanne DeSilva (Michael); grandmother to Dylan, Edward, Natasha, Stephanie and Ashley.

4th Reading: The Holy Gospel (Please stand)

8:00 a.m. - Colin Thompson 11:00 a.m. - Alicia Tucker

GOSPEL ACCLAMATION

Alleluia, Alleluia

I appointed you to go and bear fruit, fruit that will last

Reader: Hear The Gospel of our Lord according to Matthew 18:21-35

Response: Glory be to Thee, O Lord

'Then Peter came and said to him, 'Lord, if another member of the church sins against me, how often should I forgive? As many as seven times?' Jesus said to him, 'Not seven times, but, I tell you, seventy-seven times. 'For this reason the kingdom of heaven may be compared to a king who wished to settle accounts with his slaves. When he began the reckoning, one who owed him ten thousand talents was brought to him; and, as he could not pay, his lord ordered him to be sold, together with his wife and children and all his possessions, and payment to be made. So the slave fell on his knees before him, saying, "Have patience with me, and I will pay you everything." And out of pity for him, the lord of that slave released him and forgave him the debt. But that same slave, as he went out, came upon one of his fellow-slaves who owed him a hundred denarii; and seizing him by the throat, he said, "Pay what you owe." Then his fellow-slave fell down and pleaded with him, "Have patience with me, and I will pay you." But he refused; then he went and threw him into prison until he should pay the debt. When his fellow-slaves saw what had happened, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, "You wicked slave! I forgave you all that debt because you pleaded with me. Should you not have had mercy on your fellow-slave, as I had mercy on you?" And in anger his lord handed him over to be tortured until he should pay his entire debt. So my heavenly Father will also do to every one of you, if you do not forgive your brother or sister from your heart.'

This is the Gospel of Christ

Praise Be To Thee O Christ

Gradual cont'd Refrain:

Holy is the Lord God Almighty
The earth is filled with His glory
Holy is the Lord God Almighty
The earth is filled with His glory (x2)

HOMILY Rev. Jay

Ministry in Dance Sistas Spiritual Dance Sistas

NICENE CREED (Please stand)

All: I believe in one God the Father Almighty, Maker of heaven and earth, and of all things visible and invisible. And in one Lord Jesus Christ, the

only-begotten Son of God, begotten of his Father before all worlds, God of God, Light of Light, Very God of Very God, begotten, not made, being of one substance with the Father by whom all things were made; who for us men, and for our salvation, came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate. He suffered and was buried, and the third day he rose again according to the Scriptures, and was ascended into heaven, and sits on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead, whose Kingdom shall have no end. And I believe in the Holy Ghost, the Lord, the Giver of Life, who proceeds from the Father and the Son, who with the Father and the Son together is worshipped and glorified, who spoke by the prophets. And I believe in one holy catholic and apostolic Church. I acknowledge one baptism for the remission of sins. And I look for the Resurrection of the dead, and the Life of the world to come. Amen.

THE INTERCESSIONS -

Congregation Response:

"Hear Our Praver"

SHARING THE PEACE

"Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace. May the Peace of the Lord be always with you." All: And also with you

Offertory Hymn: "Jesus Is All The World To Me"

Jesus is all the world to me. My life, my joy, my all; He is my strength from day to day, Without him I would fall: When I am sad, to him I go, No other one can cheer me so: When I am sad, he makes me glad, He's my friend.

Jesus is all the world to me. My friend in trials sore: I go to him for blessings, and He gives them o'er and o'er: He sends the sunshine and the rain. He sends the harvest's golden grain; Sunshine and rain, harvest of grain, He's my friend.

Jesus is all the world to me. I want no better friend: I trust him now. I'll trust him when Life's fleeting days shall end: Beautiful life with such a friend, Beautiful life that has no end: Eternal life, eternal joy, He's my friend.



Your Tithes, Offerings and gifts can be done online:

Online transfer: BUTTERFIELD BANK Acct name: Christ Church, Devonshire Acct #: 20 006 060 013071 100 Ref. your envelope # (if you know it)

WEEKLY ANNOUNCEMENTS

The Blessing

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. All: Amen.

The Dismissal

Go in Peace, to love and serve the Lord All: In the name of Christ. Amen

Recessional Hymn: "We're Marching To Zion"

Come, we that love the Lord, And let our joys be known; Join in a song with sweet accord (repeat) Before we reach the heav'nly fields (repeat) And thus surround the throne (repeat).

The hill of Zion yields A thousand sacred sweets

Or walk the golden streets (repeat)...R

Refrain:

We're marching to Zion, Beautiful, beautiful Zion; We're marching upward to Zion, The beautiful city of God.

Then let our songs abound, And every tear be dry:

We're marching through Immanuel's ground (rpt)

To fairer worlds on high (repeat)...R

Let those refuse to sing, Who never knew our God: But children of the heav'nly King (repeat) May speak their joys abroad (repeat)...R

We Gather to be the Church in Service to Others

Health Centre Tip #29

Here are some health benefits of sleep: 1) you get sick less often, 2) you maintain a healthy weight, 3) lower your risk of serious health problems like diabetes and heart disease, 4) reduce stress and improve your mood, 5) think more clearly at school and work, 6) and you get along better with others.

> -Aprille Choudhury-DeShield Check back each week for a new health tip!